

## LVMC Event Schedule (Outings, Events, and Training Courses)

### July 2006

Date	Type	Class	Mileage	Coordinator	Meeting Place	Notes
Event Name	Difficulty	Code	Elev Gain	Limit	Meeting Time	
7/22	Day Hike	1	4	Bob G	IHOP Cheyenne/95	
Fletcher Canyon	Beginner		800	10	7:30am	
7/23 Sun	Rock Climbing	5	NA	Bruce LaCroix	TBD	
Top Rope	Beginner		NA	10	TBD	
7/25 Sun	Rock Climbing	5+	NA	Bruce LaCroix	Rd Rcks Pkng Lot	
Top Rope	Beginner		NA	10	TBD	
7/29 Sat	Day Hike	1	10	Kristi Meyer	IHOP Cheyenne/95	
Grifith Peak	Intermediate		3,470	10	730am	
8/4-8/6	Backpack/Peak Ascent	3		Bruce LaCroix	TBD	
Middle Palisade	Advanced			7	TBD	
8/18-20	Day Hike/Car Camp	2+		Joel Brewster	TBD	
Toiyabe Dome	Intermediate		4,500	10	TBD	
8/20 Sun	Rock Climbing	5	NA	Bruce LaCroix	Rd Rcks Pkng Lot	
Top Rope	Beginner		NA	10	TBD	
9/8-9/10	Backpack	2	7	Chris Ransel	TBD	
Little Lakes Valley Sierra	Beginner		800	4	TBD	
9/16	Backpack/Peak Ascent	2+		Bruce LaCroix	TBD	
Split Mountain	Intermediate		7,500"	8	TBD	
11/4-8	Backpack	2+	45	Bruce LaCroix	TBD	Will do the Royal Arches Loop
Grand Canyon	Advanced		4,500	6	TBD	

***Reminder: To participate in an outing, you must somehow communicate with the coordinator listed prior to the day of the outing. This allows the coordinator to ensure that the group size and individual fitness and skill levels of all participants are suitable for the outing.***

Codes:

\* You must have basic rock climbing skills such as belaying.

\*\* You must be a member to take the training courses.

\*\*\* The women-coordinated outings are designed to meet the goals of female members, and male members are always welcome.

# The outing includes a peak listed on the LVMC 50 peaks list.

<b>Date</b>	<b>Type</b>	<b>Class</b>	<b>Mileage</b>	<b>Coordinator</b>	<b>Meeting Place</b>	<b>Notes</b>
<b>Event Name</b>	<b>Difficulty</b>	<b>Code</b>	<b>Elev Gain</b>	<b>Limit</b>	<b>Meeting Time</b>	

<p>Class Ratings:  1 - hiking on a trail  2 - rough cross-country travel, occasional use of hands for balance  3 - frequent use of hands for climbing, moderate exposure, most do not use rope/some do  4 - intermediate climbing, constant use of hands, high exposure, most do use rope/some do not  5 - technical rock climbing - using rope, harness, climbing shoes, anchors, and protection hardware  (5.0 through 5.14 - 5.0 easy, 5.14 most difficult)</p>
--

<p>Outing Coordinators:  Xavier Wasiak 806-9355  Richard Baugh 454-6046  Alan Andrunas 222-4476  Joel / Amy Brewster 456-8520  Chris / Kristi Meyer 655-7067  Gillian Shellcross 523-2879</p>	<p>Outings Director:  Chris Ransel 286-2852</p>
---	---